



Don't forget a thing when you're on holidays. Use our easy checklist to ensure you pack all the holiday essentials for a stress free getaway.

Don't pack your life

- 1 Don't pack your entire beauty routine.
- 2 Don't pack more than one guidebook .
- 3 Don't pack your jewellery and valuables.
- 4 Don't pack unnecessary gadgets.
- 5 Don't pack things you can buy there.

Top packing tips

- 1 Roll your clothes, it maximises space.
- 2 Pack your toiletries into zip lock bags rather than bulky cases.
- 3 Pack earplugs for the flight, you never know who will be sitting behind you!
- 4 Pack an empty water bottle in your carry-on to fill with water once you are through security.

Travel documents and the essentials

- Car rental confirmations
- International calling card or roaming
- Cash
- Contact info for credit card companies
- Credit and ATM cards
- Travel documents (plane, train, cruise, other)
- Day pack
- Driver's license and photocopy
- E-tickets
- Guidebook(s)
- Hotel reservations
- Insurance information
- Medical and vaccination records
- Membership cards (AAA, frequent flyer)
- Money belt/pouch
- Passport, visa(s) and photocopies
- Traveller's checks

Personal items and hygiene

- Body lotion
- Clothesline
- Cologne/perfume
- Conditioner
- Contact lenses and solution
- Cosmetics
- Cotton swabs
- Curling iron/hair straightener
- Deodorant
- Eye drops
- Face wash
- Feminine hygiene products
- Floss
- Glasses
- Hairbrush or comb
- Hair care products
- Hair dryer
- Hand sanitiser
- Lip balm
- Moist towelettes
- Mouthwash
- Nail clippers

Personal items and hygiene (Cont.)

- Razors and shaving cream
- Shampoo
- Soap
- Tissues/paper towels
- Toiletry bag
- Toothbrush
- Toothpaste
- Towel/wash cloth
- Universal sink stopper

Clothing and accessories

- Beach cover-up
- Belt
- Comfortable walking shoes
- Dress(es)
- Dress shoes
- Extra hangers
- Gloves/mittens
- Hiking boots
- Jacket/fleece
- Jewellery
- Knit hat
- Long underwear
- Pyjamas/sleepwear
- Pants/trousers
- Rain boots
- Raincoat
- Sandals
- Scarf
- Shirts
- Shorts
- Shower shoes
- Slippers
- Socks
- Stockings
- Suits and ties
- Sweaters
- Sweatshirts
- Swimsuit
- Runners
- T-shirts
- Underwear
- Watch
- Water shoes
- Hat

Medications and health

- Allergy pills
- Anti-itch cream
- Bandages
- Cold medicine
- Contraceptives
- First-aid kit
- Herbal supplements
- Malaria tablets
- Motion sickness remedies
- Nausea and diarrhoea remedies
- Pain relievers
- Prescriptions & letter from your doctor
- Sleep medications
- Vitamins
- Water purification method

Gadgets

- Camera and charger
- Mobile phone and charger
- Tablet/e-reader and charger
- Converters and adapters
- Extension cord(s)
- Extra memory cards or film
- GPS
- Laptop and accessories
- Spare batteries
- Travel alarm clock
- Camera, video camera and charger

On the plane, train or cruise

- Books or magazines
- Earplugs
- Eye mask
- Inflatable pillow
- Clear zip-lock bag for liquids/gels
- Travel blanket
- TSA-approved luggage locks

In the car

- Antifreeze
- Driving directions
- Jumper cables
- Keys
- Maps
- Motor oil
- Pillow and blanket
- Spare tire or donut
- Windshield wiper fluid

Beach, camping and outdoors

- Air mattress
- Beach bag
- Beach towel
- Binoculars
- Camping stove/fuel
- Can opener
- Compass/GPS
- Cutlery/dishes
- Flashlight
- Insect repellent
- Lighter
- Shortwave radio
- Sleeping bag
- Sunglasses
- Sunscreen
- Tent
- Trekking poles
- Umbrella
- Water bottle

Family

- Baby food
- Baby powder
- Baby shampoo
- Bibs
- Birth certificate
- Bottles
- Car seat
- CD's/DVD's
- Changing pad
- Child's toilet seat
- Children's books
- Children's pain reliever
- Colouring books
- Crayons/markers
- Nappies
- Extra clothes
- Food/snacks
- Formula or juice
- Highchair
- Infant carrier
- Kid-friendly camera
- Nursing pads
- Pacifiers
- Playing cards
- Portable crib
- Portable DVD player
- Portable playpen
- Stroller
- Stuffed animals
- Sun hat
- Swim diapers
- Toys
- Travel games
- Waterproof sheets
- Video games
- Wipes

Miscellaneous

- Address book
- Chewing gum
- Drinks
- Highlighters
- Journal
- Pen(s)
- Plastic bags
- Sewing kit
- Snacks

Add your own items

- _____
- _____
- _____
- _____
- _____
- _____